



Ready, Respectful, Safe

Our Anti-Bullying Policy

Written by the children of William Rhodes Primary School

November 2023

Our School

At our school we have three main rules.

READY – we can be ready to stop bullying

RESPECTFUL – we can treat others how we
want to be treated

SAFE – we can keep ourselves and others
safe



We are a bully free zone



What is bullying?

Some people think that bullying is one someone is unkind to them once. This is not nice but it isn't bullying.

Bullying is:

Several
Times
On
Purpose

Emotional e.g. excluding others

Verbal e.g. name calling

Physical e.g. hurting others

Cyber e.g. unkind text messages or emails

Bullying can also take place due to someone's disability, race, sexuality appearance.

What to do if you are being bullied?

There are lots of different things you can do if you are being bullied:

- Tell one of your trusted 5 adults
- Use the worry box in class
- Tell a family member



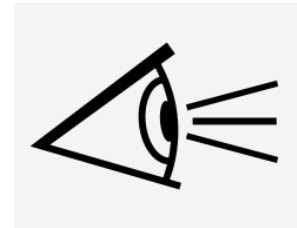
Start
Telling
Other
People

What to do if you see someone being bullied?

- Go and tell a trusted adult straight away



- Be an **upstander** – someone who speaks up when they see bullying happening.



- Don't be a **bystander** – someone who sees bullying but doesn't say anything.



Start
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What will school do if I am being bullied?

In school we have asked our teachers to do the following if bullying takes place:

- Listen to what we have to say
- Act quickly on what they have been told
- Speak to the parents of the person who is bullying
- Speak to the bully – they might need help
- Adults to be the mediator (like a referee) to help resolve the issues